PATIENT CHECKLIST

Tremfya withMe

Once you and your doctor have decided that TREMFYA® is right for you, sign up for TREMFYA withMe. When you enroll in TREMFYA withMe, you'll be connected with a dedicated Nurse Guide*— a registered nurse committed to providing personalized one-on-one support on your treatment journey, including preparing you for your starter and maintenance doses.†

*Patient Authorization required. Nurse Guides do not provide medical advice. Please ask your doctor any questions you might have about your disease and treatment.

†Your doctor is the best person to help you understand what to expect. Your Nurse Guide is also available, after you have talked with your doctor, if you have questions about infusions or injections.

WAYS TO ENROLL: **Call 833-WITHME1 (833-948-4631), Monday–Friday, 8:00 AM–11:00 PM ET** | **Scan or visit Tremfya.com/Signup**

Data rates may apply.

Your dedicated Nurse Guide is committed to helping you:

STEP 1 Get Support on Your Treatment Journey

Dedicated Nurse Guide—a registered nurse committed to helping you:

- ☐ Get supplemental, in-person, or virtual injection training
- ☐ Understand coverage and costs
- ☐ Navigate treatment
- ☐ Track status of prescriptions

TREMFYA withMe Savings Program: Pay as little as $0 per dose.

Program consists of **Medicine Cost Support** for the cost of your TREMFYA® medicine and **Treatment Administration Cost Support** for the cost of certain TREMFYA® administration and eligible laboratory tests. Maximum program benefit per calendar year shall apply. Offer subject to change or end without notice. Participate without sharing your income information. See program requirements at **TREMFYAwithMeSavings.com**.

If you don't have commercial insurance and need help paying for TREMFYA®, TREMFYA withMe can provide information about other resources that may help with your out-of-pocket costs.

STEP 2 Prepare for Your Starter Doses

TREMFYA® treatment begins with 3 starter doses.

- ☐ Ask your Nurse Guide for information on preparing for your starter doses
- ☐ If you are starting with a subcutaneous self-injection, visit TREMFYA.com to learn more about self-injections‡
- ☐ If you are starting with an intravenous infusion, review the Infusion Preparation Guide to learn more
- ☐ Make a list of what to bring to any scheduled appointments
- ☐ If receiving a trial dose, you can expect a phone call from your Case Manager. Your caller ID will say J&J withMe (888-796-8152)

‡Once your doctor decides that you or a caregiver may give your injections of TREMFYA® at home.

STEP 3 Prepare for Your Maintenance Doses

- ☐ Access online injection training videos or get additional self-injection training in person, over the phone, or on an online video call§
- ☐ Conveniently dispose of your used devices through the Safe Returns® program
- ☐ Answer the phone when your specialty pharmacy calls to arrange medication delivery. If you're in the TREMFYA withMe Access Program, you can expect a call from Access Therapy Center. Your caller ID will say Healthcare (888-796-8154)

§Your doctor is the best person to help you understand what to expect. Your Nurse Guide is also available, after you have talked with your doctor, if you have questions about infusions or injections.

IMPORTANT INFORMATION

You can reach your Nurse Guide by calling:
833-WITHME1 (833-948-4631), Monday–Friday, 8:00 AM–11:00 PM ET

Your Nurse Guide's Name and Direct Extension:

Your Starter Dose Location:

Date and Time of Scheduled Doses:

Your Specialty Pharmacy and Phone Number:

Scheduled Date of Maintenance Doses:

The support and resources provided by TREMFYA withMe are not intended to provide medical advice, replace a treatment plan you receive from your doctor or nurse, or serve as a reason for you to start or stay on treatment.

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Tremfya® (guselkumab)